

Hit the Bottle game

To improve throwing accuracy and footwork in the infield, I like to divide my team in two groups. Half are positioned at short stop and the other half are positioned at second base. We mark off a starting point that the boys must stay behind until a ground ball is hit to them by a coach at home plate. Each group alternates player's fielding ground balls and throwing to home plate where two stacked buckets are located. Each time a player hits the top bucket on a bounce 1 point is awarded. Hitting the bucket without a bounce gets 2 points.

Teach the kids to charge the ball as hard as they can so that they can get a shorter throw. First group to 10 points is the winner and usually gets extra hacks during